



Wild Roots All Season Packing List

Backpack:

Backpack should be appropriately sized for your child, and preferably have padded shoulder straps and a chest clip

Inside the backpack-

Children will hike with their backpack to our morning play spot, so we ask that you limit what is inside their backpack to the following:

- Morning snack** – we recommend using a small bento box for morning snack—it helps children to not have to open a lot of individually packaged snacks.
- Change of clothes** – Zippered wet bag with a full seasonal change of clothes inside (pants/shorts, shirt, underwear, and socks).
- Insulated Water Bottle**

Separate tote style bag

This bag will stay behind when we go on adventures, so children will not have to carry around things left in this bag.

Inside the tote style bag-

- Lunch** – please pack a bento box inside an insulated lunch box with an ice pack
- Small blanket** to put over their rest mat
- Extra, full water bottle**
- Any other extras you are sending** – extra mittens, hat, jacket, shoes, etc.

